

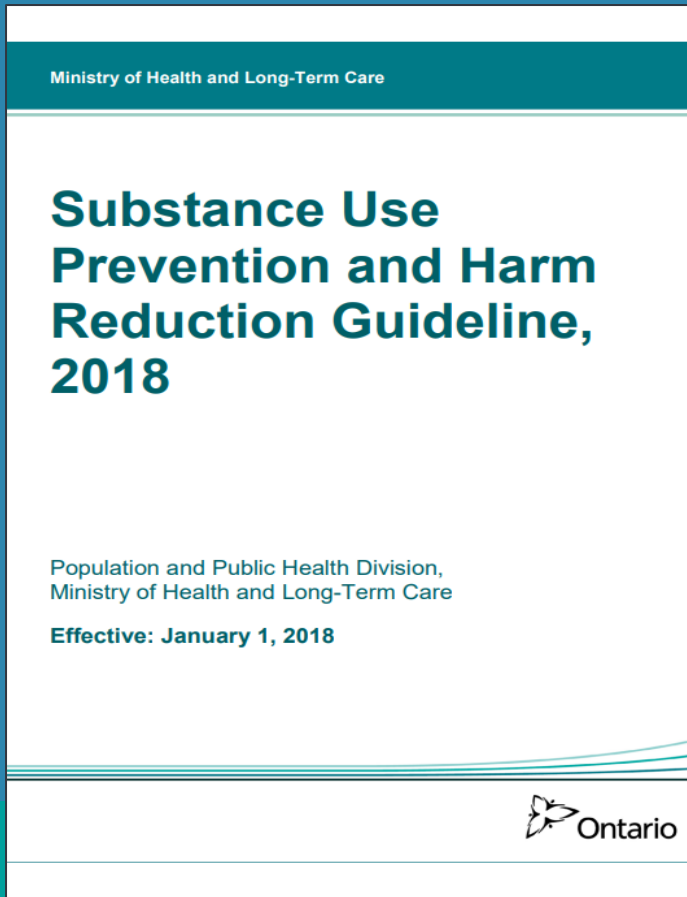
Presentation to Health & Social Services Committee: Local Mental Health & Addictions Services Updates



Opioid Response Plan: Status Update
Durham Region Health Department



Together, Best Mental Health: Mental
Health and Substance Use Services
Strategy, 2022-2025
Lakeridge Health



Public Health Mandate: Harm Reduction Program Enhancement

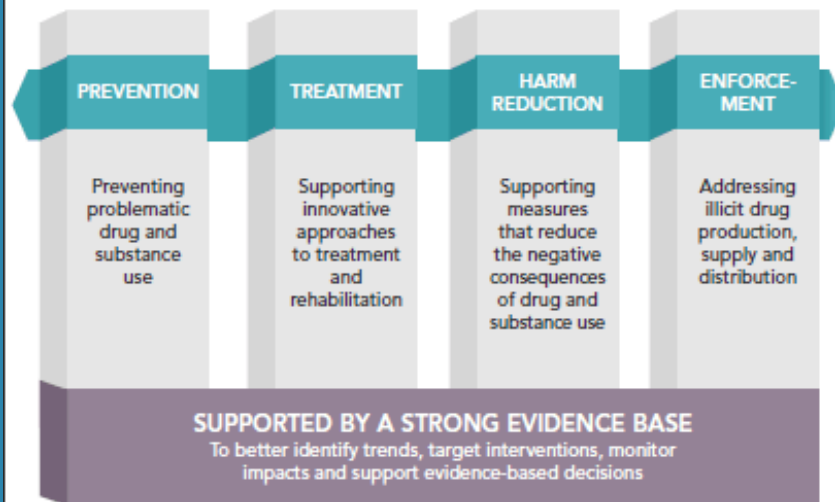
Develop a local opioid response plan

Naloxone distribution and training

Develop an [opioid overdose early warning and surveillance system](#)

CANADIAN DRUGS AND SUBSTANCES STRATEGY

A COMPREHENSIVE, COLLABORATIVE, COMPASSIONATE
AND EVIDENCE-BASED APPROACH TO DRUG POLICY



Canadian Drugs and Substances Strategy

The Durham Region Opioid Task Force: Stewards of the Durham Region Opioid Response Plan

AIDS Committee of
Durham Region

Back Door Mission

Carea Community Health
Centre

Conseil Scolaire Catholique
MonAvenir

Durham Region Health
Department

Durham Catholic District
School Board

Durham Community
Physician

Durham District School
Board

Durham Regional Police
Service

East Durham Probation and
Parole Office

First Steps Pharmacy

Indigenous Community
Member

John Howard Society of
Durham Region

Lakeridge Health
Corporation

- Durham Mental Health Services
- Pinewood Addiction Services
- Emergency Department

Ontario Tech University

Ontario Shores Centre for
Mental Health Sciences

Primary Care Network
Durham - Ontario Health
Team (OHT)

Mississaugas of Scugog
Island First Nation

People with Lived
Experiences

Medical Associates of Port
Perry - North Durham
Family Health Care Team

Peterborough Victoria
Northumberland
Clarington Catholic District
School Board

Region of Durham Social
Services

Region of Durham
Paramedic Services

Salvation Army Community
and Family Services

Prevention	Treatment	Harm reduction	Enforcement
Utilize the Truth and Reconciliation Commission of Canada, Call to Action Report when determining evidence-based drug prevention strategies.	Utilize the Truth and Reconciliation Commission of Canada, Call to Action Report when determining evidence-based drug prevention strategies.	Utilize the Truth and Reconciliation Commission of Canada, Call to Action Report when determining evidence-based drug prevention strategies.	Utilize the Truth and Reconciliation Commission of Canada, Call to Action Report when determining evidence-based drug prevention strategies.
Participate in knowledge exchange activities with the Health, Homelessness and Housing Committee, to foster service coordination.	Increase timely access to services for people who use substances and are seeking treatment and harm reduction services.	Increase client(s) awareness of available harm reduction and treatment services within Durham Region.	Opioid task force members will contribute to maintaining a healthy and safe community, with targeted efforts to the downtown Oshawa core.
Identify and implement evidenced-based prevention strategies for problematic substance use for the residents within Durham Region.	To provide support to the Central East Local Health Integration Network/Lakeridge Health in the development of treatment pathways and to assist with identification of gaps in care.	Identify evidenced-based recommendations to enhance naloxone distribution services within Durham Region.	Continue addressing illicit drug production, supply, and distribution.
	Identify opportunities to leverage current services to include a peer-based model of support for harm reduction, outreach, and treatment services.	Identify evidenced-based recommendations to enhance needle exchange program services within Durham Region.	Collaborate with Durham Regional Police Service to identify opportunities for transitioning individuals from police service to community-based treatment and harm reduction services.
		Implement a plan to raise awareness of how public stigma acts as a barrier to accessing treatment and harm reduction services.	
		Identify targeted evidenced-based education strategies and communication strategies that aim to increase public awareness of the benefits of harm reduction services as part of an evidenced-based drug strategy.	
		Investigate opportunities for collaboration between the Opioid Task Force and the Metis Nation of Ontario pilot program for naloxone distribution.	

The Durham Region Opioid Response Plan

Source: Durham Opioid Response Plan

Continued Focus On...

Collaboration and coordination with experts in the area of housing and homelessness

Prevention strategies for problematic substance use

Coordination with partners to foster timely access to services for people who use substances and are seeking treatment and/or harm reduction services

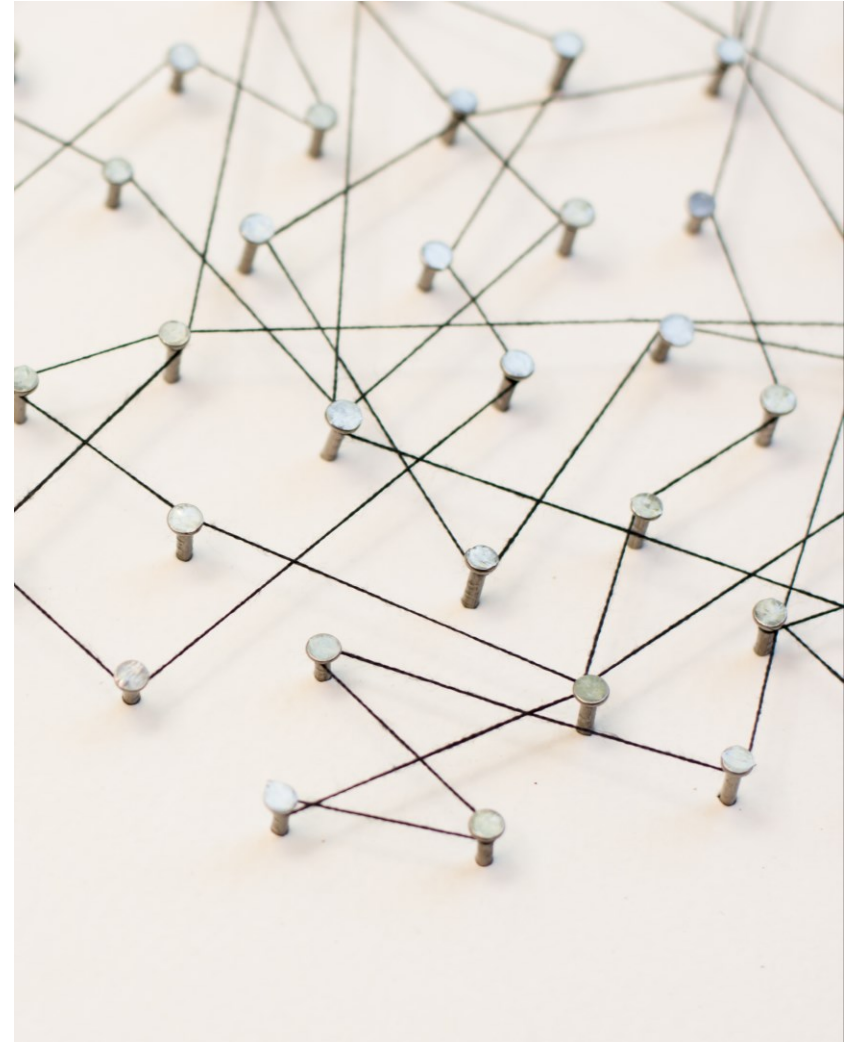
Increasing client awareness of available harm reduction and treatment services within Durham Region

Expanding access to naloxone

Employing evidence-based recommendations to enhance needle exchange services

Raising awareness of how stigma acts as a barrier to accessing treatment, harm reduction and health care services

Working in collaboration with DRPS to address illicit drug production, supply and distribution



New Areas of Focus ...

A strong focus on the Truth and Reconciliation Commission of Canada, Call to Action report and ensuring the work we do considers these important recommendations

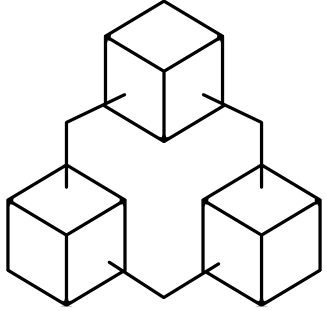
Working with Lakeridge Health to help inform the development of treatment pathways and to assist with the identification of gaps in care

Identifying opportunities to leverage current services to include a peer-based model of support for harm reduction, outreach and treatment services

Contributing to the maintenance of a healthy and safe community in downtown Oshawa

Collaborating with Durham Regional Police Service to identify opportunities for transitioning individuals from police services to community-based treatment and harm reduction services

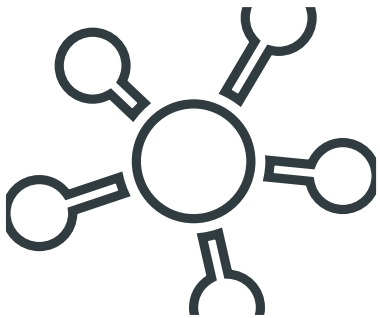
Key Highlights of Work Accomplished in 2022/2023



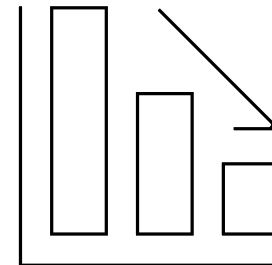
Ongoing coordination and co-planning to leverage existing services to address identified gaps, at the local level



Conducted service mapping to identify gaps in services related to police calls for public disruption and non-criminal offences



Developed and launched the Report Drugs tool to allow anonymous public reporting of qualitative data which can be used to inform DRHD's drug alerts / early warning system



Working to reduce stigma through awareness activities

Enhancing access to training for service providers

Helping our most vulnerable populations



- Naloxone distribution to reduce opioid related deaths
- Education on safer drug practices along with access to supplies to reduce harm by preventing the transmission of diseases such as HIV, hepatitis C (HCV) and hepatitis B (HBV)
- Providing an access point for other addiction services, health and social services

Primary Care Outreach Program (PCOP)

An advanced care paramedic and a social worker, working with community partners to deliver services to vulnerable populations

Services include:

- ✓ Medical assessments
- ✓ Triage and social support interventions
- ✓ Service navigation and referrals to: addiction and mental health agencies; and counselling for crises, depression, substance abuse, attempted suicide, trauma, and other health concerns

The PCOP team travels to various priority neighbourhoods providing services



Together, Best Mental Health Mental Health and Addictions Plan



Five Strategic Directions

1

Ensure inclusion

2

Create better access, navigation, and transitions

3

Improve outcomes for the most vulnerable

4

Drive integration with primary and community care

5

Demonstrate outcomes

Together, Best Mental Health:

Mental Health and
Substance Use
Services Strategy

2022-2025



- Roadmap to deliver a more integrated system of mental health and substance use care in Durham Region.
- Enables Lakeridge Health to lead a system-level, transformation in mental health service delivery, while provide people with the right services, from the right people, in the right place.
- Anchored in Ontario's plan to build mental health and addictions, "[Roadmap to Wellness.](#)"

Yearly Visits Related to Mental Health and Substance Use

- 100,000+ adults
- 12,000+ children and youth
- 14,000+ visits to Emergency Departments



**Lakeridge
Health**

IN-PATIENT

- Adult (Ajax)
 - General Adult Beds
 - Psychiatric Intensive Care
 - Crisis Intervention Team
- Adult (Oshawa)
 - General Adult Beds
 - Psychiatric Intensive Care
 - Crisis Intervention Team
 - **Opioid Navigator (ED)**
 - **Hospital to Home Supports**
- Child and Youth (Oshawa)
 - General Beds
 - Youth Crisis Intervention

DISTRESS CENTRE DURHAM

- Distress Line
- Suicide Survivor Support Group

OUT-PATIENT

- Child-Youth Family Program
 - Urgent Care
 - Day Treatment
 - Eating Disorders
- **Assertive Community Treatment**
- Eating Disorders (youth and adult)
- **Mental Health Support Unit with Durham Regional Police**
- Adult Day Treatment
- **Early Psychosis Intervention**
- **Psychiatry Services**
- Adult Integrated Mental Health Service

DURHAM MENTAL HEALTH SERVICES

- Crisis CALL Line
- Mobile Crisis (non-police led)
- Crisis Homes (Ajax, Whitby, Oshawa)
- Residential Program
- Case Management
 - General Case Management
 - Dual Diagnosis
 - Durham Connect
 - Seniors Support/Response
 - Homeless Rent Supplement
 - Indigenous
 - Court Support
 - Release from Custody
 - Hospital to Home (Ajax)
 - Violence Against Women
- Court Support (Youth Justice and Court Diversion)
- Regional Housing Coordination
- Peer Support
- Family Support

PINEWOOD SUBSTANCE USE AND ADDICTIONS

- Residential Withdrawal Management
- Residential Treatment
- Case Management
- Opioid Outreach
- Scarborough Addictions Support
- Umbrella's Program
- RAAM Clinic
- Concurrent Disorders Day Treatment
- Community Treatment
 - Addictions Case Management
 - Addiction Supportive Housing
 - Youth Outreach Workers
 - Drug Treatment Court
 - Opiate Case Management
 - Smoking Cessation
 - Concurrent Disorders Court Diversion
 - Youth Court Diversion
 - Back on Track
- Youth Specific
 - School-based Youth Outreach
 - DASIIY (Durham Appraisal and Screening Initiative for Youth)
- Adult Court Services
 - Drug Treatment Court
 - Concurrent Disorders Court Diversion
- Specialized Teams
 - Gambling, Gaming and Technology
 - Opiate Case Management
 - Back on Track

Engagement and Partners

- Lakeridge Health, co-chair
- Carea Community Health Centre, co-chair
- Ontario Shores Centre for Mental Health Sciences
- Durham Regional Police Services
- Region of Durham
- Durham Region Health Department
- PFLAG Durham Region
- Ajax Welcome Centre
- Mississaugas of Scugog Island First Nations
- Durham Child and Youth Planning Network
- CMHA Durham
- Ontario Tech University
- Region of Durham Paramedic Services
- Community Care Durham
- Backdoor Mission
- Child and Family Mental Health services
- Seniors Network of Care



In Depth: Five Strategic Directions



Progress: Continued Collaboration

Plan Progress (Year 1)

- Consistently engaging people with lived experience.
- Central Connect: a central point of intake, access, and navigation into all programs.
- Increased outreach care in our communities, including addictions outreach.
- Partner with the Region of Durham in the Oshawa Micro-Homes and Beaverton housing initiatives.
- New school-based substance use and mental health positions.
- Enhancing Emergency Department experience.



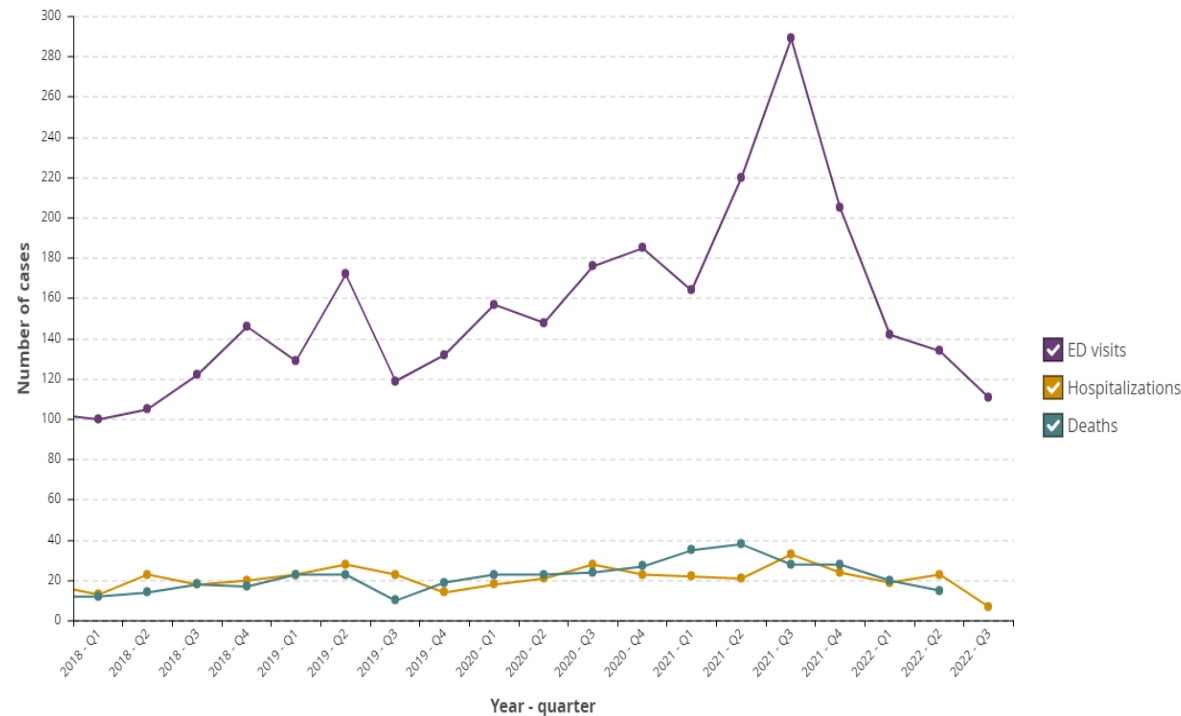
Partnerships

- More than 40 Memorandums of Understanding with our partners.
- Attend 35+ working groups and committees across Durham Region

Progress: Decrease of Opioid Poisoning-related visits to Emergency Departments



Cases of opioid-related morbidity and mortality, Durham Region Health Department , 2003 - Q1 - 2022 - Q3



- Data shows steady decline in opioid poisoning-related visits in Lakeridge Health Emergency Departments (peak volumes observed in summer 2021 with progressive decline thereafter).

Homelessness and Mental Health and Addictions

- Complex population requiring innovative and integrated system responses to improve population health.
- Mental Health and Addictions Care is **one piece** of a large community approach to supporting this vulnerable population.
- At Lakeridge Health, we believe we are on the right path forward.

EDITORIAL

All hands on deck to end homelessness

Governments have taken a fragmented approach to homelessness at the expense of a shared strategic plan.

By Star Editorial Board
Sat., April 15, 2023 | 3 min. read

GTA

Why the homelessness crisis could get even worse

Emergency funding has dried up, and the head of Toronto's shelter department says without \$317 million, the city will have to shut more shelters

How to Slow the 'Wave' of Homelessness in Canadian Cities

Increased financial supports, not just new affordable housing, are needed to prevent people from falling into homelessness, says advocate.

ATLANTIC | News

New research suggests Canada's homeless crisis is bigger than current data shows

Questions:

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