



Community Support Programs for Seniors

- **Seniors' Safety Advisor**
Sharon Woods
- **Homemakers Program**
Morgan Denby
- **Adult Day Program**
Michelle Van Genechten

Seniors' Safety Advisor



The Seniors' Safety Advisor (SSA) is a partnership between the Social Services Department and Durham Regional Police Services (DRPS), Older Adult Support Investigative Services (OASIS) Unit.



Seniors' Safety Advisor

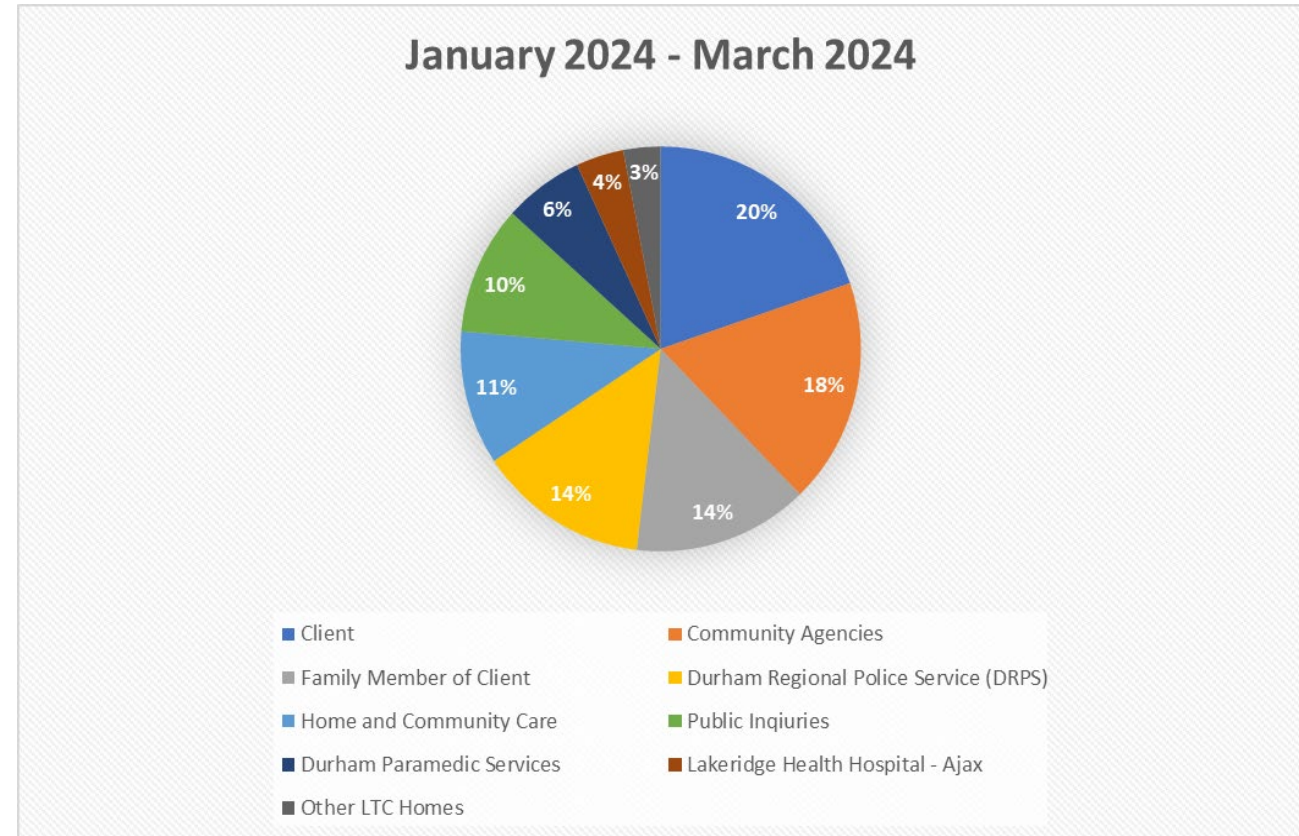


Purpose

- Support the lives of older adults in our community
- Ensure the safety and well-being of older adults by:
 - Promoting awareness of safety issues affecting older adults in the community
 - Providing advocacy for the rights and needs of older adults
 - Responding to inquiries
 - Offering assistance, direction and support on safety related matters

Call Source

- 20% - Clients
- 18% - Community Agencies
- 14% - Family Members
- 14% - Durham Regional Police
- 11% - Home and Community Care
- 10% - Public Inquiries
- 6% - Durham Paramedic Services
- 4% - Lakeridge Health
- 3% - Long Term Care Homes

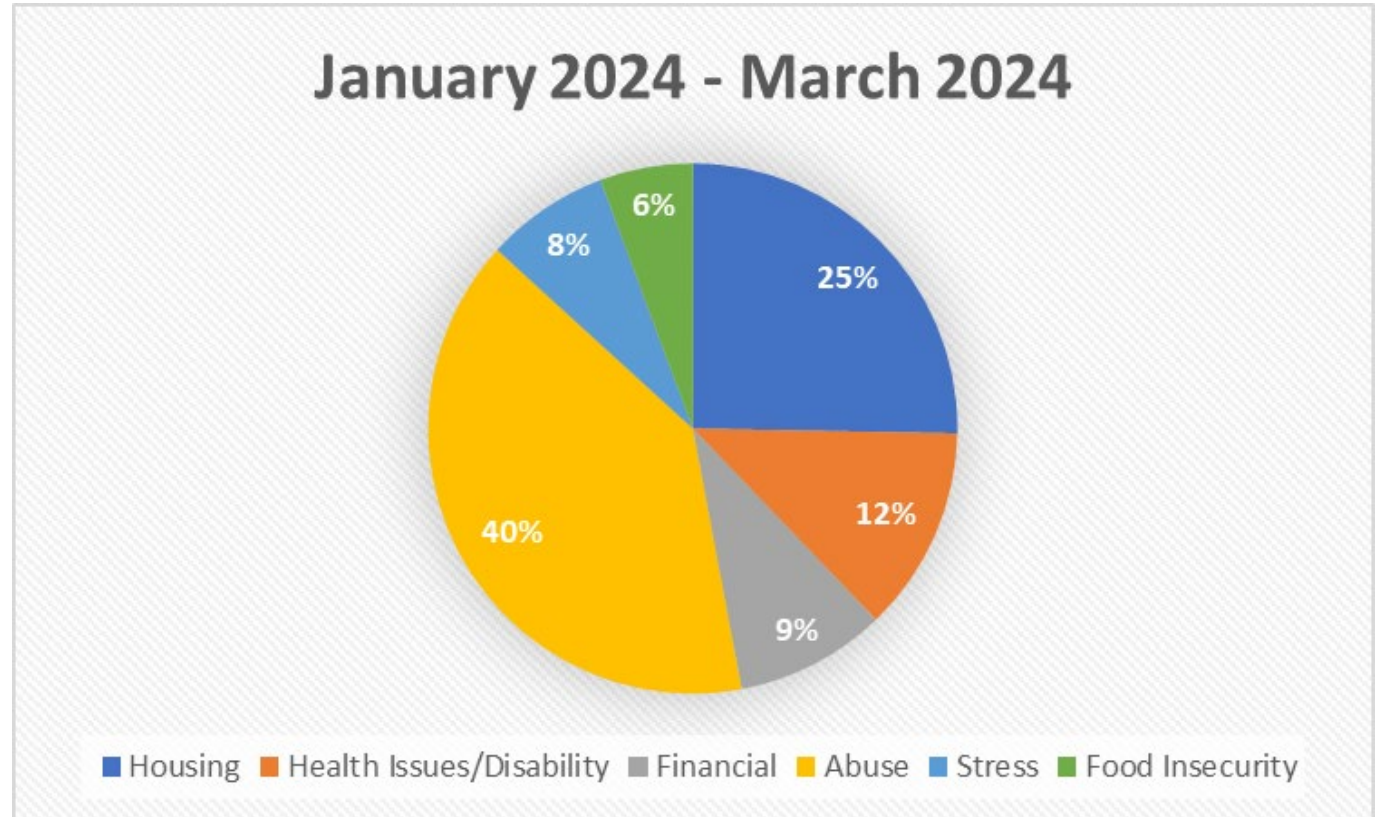


Agency Referral Sources

- Home and Community Care
- Durham Regional Police Services (DRPS)
 - OASIS
- Lakeridge Health
- Long Term Care Homes
- Family Services Durham
- Women's Shelters
- Community Care Durham
- Homemakers Program
- Community Development Council Durham
- Region of Durham Housing Services

Presenting Issues

- 25% - Housing
- 12% - Health Issues/Disability
- 9% - Financial
- 9% - Abuse (undisclosed type)
- 9% - Abuse (Neglect by others)
- 8% - Abuse (Verbal/Emotional)
- 8% - Stress
- 7% - Abuse (Financial)
- 7% - Abuse (neglect by self)
- 6% - Food Insecurity



Data and Statistics

Interactions:

- 2023 TOTAL = **1,106**
- 2023 Q1 (Jan 1, 2023, to Mar 31, 2023)= **247**
- 2024 Q1 (Jan 1, 2024, to Mar 31, 2024) = **452**
- An increase of 205

Workshops, Presentations:

- 2024 Q1 (Jan 1, 2024, to Mar 31, 2024) = **11**

Senior Safety Example

Community Support Specialist

- Partnership with Senior Safety
- Service navigation and resource connection
- Community engagement and education
- Partnership development



Homemakers Program

Background

Goals

Eligibility

Assessment

Funding



Adult Day Programs

Main Goals

- Assist clients in achieving and maintaining their maximum level of functioning within the community
- Individual care plans developed
- Provides supervised social and recreational group programming to adults over 18 years with Alzheimer's and related dementia
- Provides a hot meal and nutritional breaks
- Provides respite and information for caregivers

Hillsdale Estates - Adult Day Program

- Open 5 days a week – target attendance is 18 clients per day
- 36 active clients
- Located on the site of Hillsdale Estates Long-Term Care
- Operates under the category of Specialized Cognitive Program
- Serve diverse, multicultural communities
- Staff and volunteers specially trained in dementia care and therapeutic recreation practices including U-FIRST, PIECES, Gentle Persuasive Approaches, Montessorri Methods, Responsive Behaviours.

Lakeview Manor – Adult Day Programs

Beaverton Site

- Open 3 days/week (Mon, Wed, Fri)
- Accommodating 10 clients per day
- Located on the site of Lakeview Manor Long-Term Care Home
- Operates under the category of integrated Adult Day Program



Lakeview Manor – Adult Day Programs

Port Perry Site

- Open 2 days per week (Tue, Thurs)
- Accommodating 10 clients per day
- Operates under the category of Integrated Adult Day Program serving both physically and cognitively challenged adults.
- Located on site of Lakeridge Health Port Perry
- Provides supervised social and recreational group programming to adults over 18 years with both physical and cognitive challenges
- Provides a hot meal and nutritional breaks
- Provides Caregiver support and information

Adult Day Program Example



DURHAM REGION | FIFTY YEARS

Thank you

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