

Presentation prepared for **Durham Regional Council**



Ontario Shores

Centre for Mental Health Sciences

Psychiatric Emergency Services

EmPATH Model

An innovative take on the mental health crisis



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Centre for Mental Health Sciences

About Ontario Shores





The Problem

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- There is a high demand for mental health services.
- There is currently no Psychiatric Emergency Department in Ontario Shores.
- Traditional emergency departments are not well suited for people experiencing a mental health emergency.

The Solution

- Building a first-of-its-kind emergency department in Canada at Ontario Shores, based on the Emergency Psychiatric Assessment Treatment and Healing (EmPATH) model, would ensure mental health patients receive the care they need while relieving pressure on our system.

EmPATH Model Space & Benefits

The Model



The 24-hour-a-day
“Psychiatric Emergency
Services”



Immediate psychiatric
assessment



Immediate treatment both
psychological and
pharmacological

The Space



Open space, reduces
agitation



Use of recliners, rather than
defined rooms, creates a
sense of community



Larger emergency area to
enable dignity and
confidentiality



Space that facilitates surge
capacity

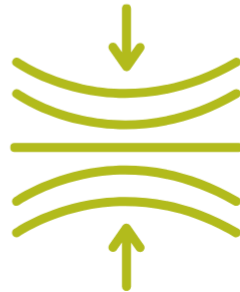
Benefits Patient Care and the Economy



Most **psychiatric
emergencies
resolved in less
than 24 hours**
with prompt
intervention



**Better patient and
family experience**
due to specialized
environment, mental
health care expertise,
and accelerated
assessment



**Reduced pressure
and costs for police
and EMS saving
\$1.1 million**



**Absorb acute ED
visits** and reduce
psychiatric patient
admissions **saving
over \$6 million**



**Divert 10,000
patients** to
Ontario Shores
**saving \$3.6
million**

\$10,700,000
TOTAL ANNUAL SAVINGS



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Case Study: EmPATH model at M Health Fairview Southdale Hospital – Edina, MI





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We are ready to get started:

- Submitted **Stage 1** - July 2017
- **Pre-Capital Submission** - Sept 2019
- Submitted **Stage 2** - May 2021



The EmPATH unit is part of the hospital's broader redevelopment plan for a new building on our main campus that will house the model, as well as outpatient services, innovation and research.



Thank you we are grateful

