



Interoffice Memorandum

Date: January 16, 2026

To: Health & Social Services Committee

From: Dr. Robert Kyle

Subject: Health Information Update – January 11, 2026

Health
Department

Please find attached the latest links to health information from the Health Department and other key sources that you may find of interest. Links may need to be copied and pasted directly in your web browser to open, including the link below.

You may also wish to browse the online Health Department Reference Manual available at [Board of Health Manual](#), which is continually updated.

Boards of health are required to “superintend, provide or ensure the provision of the health programs and services required by the [Health Protection and Promotion] Act and the regulations to the persons who reside in the health unit served by the board” (section 4, clause a, HPPA). In addition, medical officers of health are required to “[report] directly to the board of health on issues relating to public health concerns and to public health programs and services under this or any other Act” (sub-section 67.(1), HPPA).

Accordingly, the Health Information Update is a component of the Health Department’s ‘Accountability Framework’, which also may include program and other reports, Health Plans, Quality Enhancement Plans, Durham Health Check-Ups, business plans and budgets; provincial performance indicators and targets, monitoring, compliance audits and assessments; RDPS certification; and accreditation by Accreditation Canada.

Respectfully submitted,

Original signed by

R.J. Kyle, BSc, MD, MHSc, CCFP, FRCPC, FACPM
Commissioner & Medical Officer of Health

*“Service Excellence
for our Communities*

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UPDATES FOR HEALTH & SOCIAL SERVICES COMMITTEE
January 11, 2026

Health Department Media Releases/Publications

tinyurl.com/y77e5vaf

- Perinatal Mood Disorders Care Pathway (Jan 5)

GOVERNMENT OF CANADA

Environment and Climate Change Canada

tinyurl.com/348kc48n

- Government of Canada launches engagement to strengthen industrial carbon pricing and secure major clean energy investments (Dec 19)

Health Canada

tinyurl.com/mwkvfemh

- Health Canada acts to prevent misuse and diversion of precursor chemicals and drug equipment (Dec 18)

tinyurl.com/7peb4t2d

- Health Canada Opens Formal Consultations on Red Tape Reduction Initiatives to Improve Access to Drugs (Dec 19)

tinyurl.com/34b4myjx

- Message from the Minister of Health – Firefighter Cancer Awareness Month (Jan 6)

Public Safety and Emergency Preparedness Canada

tinyurl.com/2su4fx49

- A Safer, Stronger Border: Year in Review 2025 (Dec 31)

GOVERNMENT OF ONTARIO

Ministry of Labour, Immigration, Training and Skills Development

tinyurl.com/5n887267

- Ontario Continuing to Protect Workers and Unlock Free Trade Within Canada in 2026 (Dec 31)

Ministry of Long-Term Care

tinyurl.com/24ts95n8

- Ontario Investing \$26 million to Train More Frontline Staff in Long-Term Care (Jan 6)

Premier's Office

tinyurl.com/byx9nfjb

- Ontario and New York Sign Agreement to Build Nuclear Energy and Grow Economies (Dec 19)

OTHER ORGANIZATIONS

IC/ES

tinyurl.com/mpmzy4rc

- ADHD prescriptions on the rise, study finds (Dec 11)

tinyurl.com/4v82wew

- Study finds domperidone not associated with severe mental health outcomes in new mothers (Dec 11)

Ombudsman Ontario

tinyurl.com/23zf473b

- Ombudsman marks 10 years of oversight of municipalities across Ontario (Jan 5)

World Health Organization

tinyurl.com/2zm3j6p6

- Updated COVID-19 vaccine composition recommendation (Dec 18)